

PE and sport premium grant spending plan template 2018-19

Allocation: £17,760

Sports grant coordinator: Sarah Brownhall (Deputy Head Teacher) Carole O' Rafferty (Head of School)

Key: **Green** – Action completed **Yellow**- Action due to be completed in 2019-20 **Red**- Not achieved **Purple** – Parental Engagement

To access a range of core activities structured around the three areas of Physical Education, School Sport and Physical Activity	<p>Attend DCSSP Welcome meeting</p> <p>Affiliate to Derby City School Sport Partnership (DCSSP) Enhanced package</p> <p>Attend DCSSP conference day</p>	£5000 (EP)	Access to more competitions, festivals, training and cross curricular programs for all stakeholders.	SB and CO'R to evaluate the package impact (July 2019)	<p>SB and CO'R attended the Welcome back meeting. After the success of last years 'bolt on' programs e.g. Reading Stars it was decided to buy the Enhanced package. In the long run this will save us money as the programs from last year are included plus extra things such mental well-being training.</p> <p>CO'R and SB to share good practice at the Nottinghamshire SSP conference.</p> <p>Bishop Lonsdale Case Study appears in the Nottinghamshire and Derbyshire Case studies of good practice booklet.</p> <p>CO'R and SB to share good practice at the Derbyshire/Derby City SSP conference.</p>
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Key indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To increase the number of children and adults engaged in regular physical activity across the whole school.	<p>Start the mile in all year groups, at least x3 a week</p> <p>Whole school staff meeting with AG to share fitness baseline data, evaluate the daily mile and investigate ways to make all</p>	Enhanced Package	<p>Increasing numbers of children across all year groups becoming physically active.</p> <p>Increased number of children from vulnerable</p>	<p>Learning walk Spring 2 – Observing and monitoring how classes use physical activity.</p> <p>Findings shared with staff.</p>	<p>Out of all participating classes (Y1-Y6) only 1 parent did not give consent for their child to participate in the weighing, measuring and fitness test.</p> <p>All classes including the nursery continue to take part in the mile at</p>

<p>To encourage children and families to have a healthier diet.</p>	<p>subject lessons more physically active.</p> <p>ZS and BR to attend 'Play to Learn' training. Introduce scheme into Year 2.</p> <p>Staff to use resources such as 'Go Noodle' during the school day/wet break.</p> <p>Physical activity ideas and resources to be available in the staff room.</p> <p>Height, weight, fitness and physical activity levels re-measured.</p> <p>Rammie's Healthy Heroes club (Live It) for targeted children.</p> <p>Healthy Heroes parent meeting including an invitation to the HUB at Willows Sports Centre and a free swimming pass for a year.</p> <p>Rammie's Family Fitness</p> <p>Bush tucker trial</p> <p>X10 DCCT KS1 SEND lunchtime physical activity club</p> <p>X10 DCCT Reception Pupil Premium lunchtime physical activity club</p> <p>Introduce before school aerobics sessions for all.</p>		<p>groups across all year groups becoming physically active.</p> <p>Increasing number of parents encouraging and supporting children with physical.</p> <p>Increased number of lessons across the curriculum containing physical activity.</p> <p>Increased number of parents taking part in physical activity.</p> <p>Improved fitness levels across the school.</p>	<p>Parent's participation/ attendance monitored by staff and parental engagement lead.</p>	<p>least three times a week. It was observed by class teachers and SLT that there were a small number of children in KS2 who were not fully engaged in the mile. These children saw it as an extra playtime, where they could stroll and chat. Staff reminded the children of the benefits of the mile. There has been an improvement in their participation but they continue to be monitored.</p> <p>Staff have used resources that were introduced at the staff meeting and physical activity websites are displayed in the staffroom. Go Noodle and Jump Start Jonny have proved popular with staff and pupils.</p> <p>42 children from Reception to Year 6 have attended Rammie's Healthy Heroes Club during Monday Lunchtime.</p> <p>39 Children and their parents attended the registration session for the 'Live It' program which included free swimming passes. Children were keen to attend this session because of the free swimming pass and the free football which was provided by school.</p> <p>16 children and their parents/carers attended a one off family fitness event. Again parents had an opportunity to sign up and take part in fitness classes in the community at a reduced rate.</p> <p>10 targeted children and their parents were invited to take part in the 'Bush Tucker Trial'.</p> <p>Evaluations from children, parents and staff from all the Healthy Hero</p>
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					<p>activities have been popular. However 3 children have dropped out during the year relinquishing their 'Live It' passes.</p> <p>The before school aerobics hasn't taken place due to staff injury.</p> <p>'Family Fitness Fun' was organised by ZS and FR Children and members of their families attended this event, which included an opportunity for parents to take part in the mile.</p>
To improve handwriting skills in Year 2	<p>All Year 2 children assessed in Physical Literacy</p> <p>Six week physical literacy intervention programme.</p>	Enhanced package	Improved core strength and handwriting for Year 2 children	Re assessment of Year 2 children.	<p>Year 2 teacher and HLTA booked on training course in October 2018.</p> <p>Children were assessed and identified for intervention October 2018. At the end of the programme, the children were reassessed. The results showed an improvement on their baseline scores and the improvement in their handwriting was evident-one girl took great pride in showing her handwriting to members of staff, saying it was 'because of Physical Literacy'!</p> <p>Physical Literacy information morning for parents took place in October 2018. A small group of parents attended and took away the exercise information sheets. Possibility of another meeting for parents before Christmas - a parent from the class has said he could support this.</p>
To improve core strength and fine motor skills in EYFS	<p>Rammie's Mini Movers – Pilot Project</p> <p>Staff training Autumn 2</p>	Enhanced Package	Children will have better core strength which will have impact and improve gross motor skills, sitting and fine motor skills	Evaluate the program itself and the impact with DCCT staff.	<p>All staff were impressed with the programme, both the content and delivery.</p> <p>Progress in Physical Development has been good, especially for the targeted reception children. This pilot project</p>

	Program to be delivered alongside DCCT during Spring 1 once a week to Nursery children and identified Reception children.				was a success and we will be taking part in it again next year.
To engage Reception Pupil Premium in extra physical activity.	DCCT to deliver lunchtime multi sports club during the Spring term.	Enhanced package	Reception pupil premium to voluntarily engage in physical activity at lunchtime after the program. Improved fitness of Reception Pupil Premium plan.	SB to monitor engagement of Pupil Premium children in lunchtime physical activity – observations. Monitor Pupil Premium children during the mile.	Children were keen to take part in this lunch time club. Not only did it improve physical skills it developed communication and language skills and allowed children to build relationships by working collaboratively.
To improve children's balance and coordination. All children to be able to ride a bike with confidence and safely by the time they leave primary school.	Investigate buying balance bikes for parents to hire. Book Cycle Derby to deliver a 'Cycle Fortnight' during Autumn 1 Balanceability – Nursery and Reception Learn to Ride – Year 1, Year 2 Bikeability Level 1 – Year 3, Year 4 Bikeability Level 2 – Year 5, Year 6 Bikeability Level 3 – Y6 confident riders Ditch your stabilisers – KS2 non-riders	£450 Government funding	All children will experience riding a bike. An increased number of children will be able to ride a bike confidently and safely. UKS2 children will have a good understanding of road safety.	Evaluate the programs Record how many children can ride a bike.	The cycling fortnight was yet again very successful. After the event many parents purchased bikes for their children, especially balance bikes for EYFS and Year 1 children. For the first time Cycle Derby delivered Level 3 Bikeability. At Level 3 children are taught to: <ul style="list-style-type: none"> • prepare for a journey • understand advanced road positioning • pass queuing traffic • perceive and deal with hazards • understand driver blind spots • react to hazardous road surfaces. 11 Year 6 children successfully completed Level 3 and were presented with their Certificates and badges by Leigh Timmis (World Record Holding cyclist)
	Cycle Cross – Year 5 and 6 Velodrome Trip – 12 Year 6 children Enter Cyclo Cross competitions throughout the year.	£350 Government Funding Enhanced Package	UKS2 children will experience different styles of riding.		

	<p>Take part in the 'Big Pedal' event during Spring 2, including the 'Road Closure' experiment.</p> <p>To write and implement a travel plan.</p>	Derby City Funded	To increase the number of families walking/riding/scooting to and from school.	<p>Compare number of families walking/riding/scooting to and from school before and after implementation of events and travel plan.</p> <p>Data recorded in various ways by all children and displayed for parents.</p>	<p>The 'Big Pedal' was a huge success. Bishop Lonsdale had 84% child participation and 79.5% supporter participation. In the small school competition we came 1st in Derby City, 5th in the East Midlands and 71st in the UK (out of 628 schools).</p> <p>Children were inspired initially by Leigh Timmis in worship, ongoing incentives during the fortnight included 'Biking Breakfasts', drink stations and prize draws.</p> <p>We were one of five schools in Derby City invited to participate in 'Clean Air Day'. The school council worked with a member of the SSP team to produce leaflets and write an informative letter to parents.</p> <p>The day itself went very well with the majority of families walking/cycling/scooting to school. The majority staff also supported this event. Many families tried out a variety of bikes brought to school by Cycle Derby.</p> <p>Although the travel plan has not been written, we will prioritise this next year – basing it in findings from the success of the 'Big Pedal'.</p>
To increase the number of intra school sports and activity programs	<p>School Sports Council to lead on mini leader activities, lunch time physical activities and the following:</p> <p>Inter-house Multi Skills (KS1/REC)</p> <p>Inter-house Netball (KS2)</p> <p>Inter-house Rounders (KS2)</p> <p>Inter-house New Age Kurling (WS)</p> <p>Inter-house Football (WS)</p> <p>Inter-house Sports Day (WS)</p>	Free	<p>All children access competitive sport against children of own age within our school.</p> <p>All children have the opportunity to represent their house, work collaboratively and develop team spirit.</p>	Record participation and collect views of children on the competitions.	<p>Team Captains led their teams well in the first inter house event – New Age Kurling.</p> <p>A timetable has been produced for Inter House events.</p> <p>Due to the Boom Box breaking, Inter-House dancing was replaced with Inter House Hula Hooping KS1/KS2 and Inter House Rounders was replaced with Inter House 'Mile'.</p>

	Inter-house Dancing (KS2) Inter house bench ball (UKS2)				Many of the inter house events took place during the summer term. Although feedback on these events was positive from staff and children, staff requested that next year Inter House events are spread over the whole year.
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Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole-school improvement

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To enhance the Christian ethos of the school by working collaboratively in school teams.	Worship linking Sports Values to Christian and British Values. Display the Sports Values. Staff to have high expectations of children during competitions.	Free	Children demonstrate the Christian and British values throughout inter and intra competitions.	All staff to monitor how children react during competition – nominate a child demonstrating the values during Inter-house competition.	CO'R delivered a whole school worship on Sports Values and links to Christian and British Values. During the worship children were able to easily identify links. SIAMS staff meeting identified areas on the SEF where the Sports Values demonstrated by children at Bishop Lonsdale could be used as evidence to meet standards. The expectations in school PE and sport, festivals and competitions reflect the ethos of the school e.g. members of the netball team independently thanking and shaking hands with umpires and opposition.
To ensure children have a good knowledge of what bullying is and how to deal with it.	DCCT to deliver a whole school anti-bullying assembly. DCCT to deliver an anti-bullying workshop in Year 4.	Enhanced Package	Children able to discuss what bullying is and how it can be prevented and dealt with.	Continue to report and monitor incidents of bullying.	Children listened attentively and asked and answered questions well during the assembly and the workshop. There are currently no incidents of bullying.
To ensure children have a good knowledge of what racism is and how to deal with it.	DCCT to deliver a whole school anti-racism assembly.	Enhanced Package	Children able to discuss what racism is and how it can be prevented and dealt with.	Continue to report and monitor incidents of racism.	Children listened attentively and asked and answered questions well during the assembly.
To engage children who lack motivation in maths.	Implement Match Day Match 10 week intervention program for targeted Year 6 children.	£500	Children more engaged in maths lessons, due to increased confidence.	Lesson observation focussing on engagement of children from program.	Children who were working just below the expected standard at the beginning of the year and not always

To improve progress and raise attainment in maths.				Analyse end of year data.	engaged in maths were selected for this program. Feedback from the children was very positive. Children went on to make good progress in maths and become more confident.
To stimulate literacy engagement in children who love football but lack motivation in reading.	Implement Premier League Reading Stars 10 week intervention program for targeted Year 5 children. Invite parents to launch event including 'Breakfast with Rammie' and a whole school assembly.	£500	Children more engaged in reading at school and at home.	Class teacher/TA to monitor the number of reading tickets brought back to school. Children show a willingness to discuss the books they have read.	Children were targeted for this program who were not engaged in reading. 12 out of 15 targeted families attended 'Breakfast with Rammie'. The class teacher has commented on how the children now are more engaged in reading and are more willing to discuss what they have read.
To support teachers using physical activity throughout the curriculum.	DCCT to deliver staff meeting on how to access resources on the 'Premier League Primary Stars' Website.	Enhanced package	Reluctant learners to become more engaged in lessons across the curriculum. Increase the amount of physical activity across the curriculum.	Feedback from staff and pupils. Physical activity questionnaires.	This is now booked in for the next academic year.
To address pupils' health and well-being around SATs and transition to Year 7.	Implement Winning Minds package – X2 six week interventions, pre-SATs and pre-transition via classroom based activities. X2 Festivals post-SATs and pre-transition. Targeted interventions available for those who need it.	Enhanced package	Children mentally prepared for SATs and transition to secondary school.	Observe children's behaviour leading up to and throughout these key milestones.	The resources were very well received and clear for the children to follow. It allowed the children to discuss their feelings as they came up to SATs. Children were given good advice on the best preparation for SATs. Children responded positively to the coach who delivered the program.
To spot the triggers and signs of mental health issues in children and provide support.	ZS to attend Mental Health First Aid Training ZS to feedback to all staff during a staff meeting.	Enhanced package	Signs of mental health issues identified earlier and therefore appropriate support provided.	ZS to evaluate training. ZS and class teachers to record and monitor referrals.	We now have a mental health first aider, who fed back to staff how to recognise symptoms and support pupils.
To increase resilience, self-esteem and team work.	Resilient Rammie Program X6 sessions of classroom based activities.	Enhanced package	Pupils demonstrate resilience, self-esteem	CO'R, CS, SH and SR to monitor impact of program.	A good range of activities, which encouraged children to discuss their feelings.

			and team work in all areas of the curriculum.		
To further engage children in reading books through physical activity.	Year 2 staff to attend 'Play to Learn' training. All year 2 children to receive the 'Play to Learn' program delivered by DCCT.	Enhanced package	Year 2 children keen to participate in story-telling and reading.	ZS to monitor and feedback the impact of program.	The training explained all aspects of the program and gave you the opportunity to try it out. The program engaged children who at the time were not able to read confidently and allowed all children to express themselves through actions, words and dance movements. Year 2 staff were particularly impressed with DCCT staff who delivered it.
To develop core strength and fundamental skills of UKS2 SEND children. To improve co-operation and speaking and listening skills.	AM Sports to deliver Multi Sport PE lessons to UKS2 SEND children. Inclusion Manager to advise AM sports coach on specific requirements.		Improvement in skills transferred to all areas of the curriculum.	SB to evaluate the delivery of lessons.	This improved the confidence of the children who attended but had a particularly positive impact on the older SEND children. Improvement was visible in their core strength and communication skills.
To improve the social skills of KS1 SEND children.	DCCT to deliver lunchtime multi sports club during the Spring term.		Fewer KS1 SEND children brought in for poor behaviour at lunchtime	SB to monitor lunchtime incidents and TABS involving targeted children.	The chosen children were keen to join in the activities (other children were also asking to join!). After the program these children did interact better with others on the playground and there has been a reduction in KS1 detentions.
Ensure all stakeholders understand how School Sports Premium has to be spent and is spent within school.	PE subject leaders deliver staff meeting to teachers, TAs and play leaders. Share plan at governors meetings. Upload School PE and Sports Premium Plan to website. PE School Sports Council meeting		All stakeholders have a good understanding of what School PE and Sports premium grant is used for.	Questions during meetings.	Staff and governors have a good understanding of how SSP is used. Governors ask challenging question about PE and School Sport. This plan and all reports are on the website for parents to access. Sports council training is now booked for next year.

To engage parents in their children's PE, sport and physical activity.	Open a Twitter account - advertise to parents. Tweet about PE, sport and physical activity events across the school.	Free	Parents more engaged with school.	Monitor number of Twitter users.	Bishop Lonsdale currently has 77 twitter followers May 2019
To develop links with clubs in the community.	Take part in Crown Green Bowling at Rykneld Bowling Club.	Free	Good links with members of the community.	Monitor interest levels and take up outside of school	

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To improve the overall quality of the PE curriculum.	SB to attend Level 5 Professional Qualification in Primary School PE specialism and leadership.	£1300	Upskilling of PE subject leader – quality of curriculum PE improved overall.	DCCT assessment tasks. MH/CO'R to observe teaching of PE.	
To upskill teaching assistants to support the delivery of PE and Sport.	GM to attend Level 3 Certificate in Supporting the Delivery of PE and School Sport.	£750	Teaching assistant able to deliver and support teachers in delivering good quality curriculum PE lessons.	DCCT assessment tasks and observations.	
To increase confidence, knowledge and skills of staff in the teaching of curriculum PE.	Staff questionnaire to identify areas of need. Arrange coaches from AM Sports and DCCT to support identified teachers with specific needs. DCCT – x6 Weeks Year 4 and Year 5 gymnastics team teaching. AM Sports – Full term support for Year 3 and Year 6 team teaching and half a term team teaching Year 2.	Enhanced package	Teachers confident in delivering areas of previous weakness. Teachers deliver good or better curriculum PE lessons.	Questionnaires SB/CO'R to observe PE lessons.	Needs of staff identified on questionnaires and worked alongside mentors from AM Sports and DCCT to improve confidence in delivering PE especially gymnastics. Teachers who have not accessed training this year will do so next year.

To improve staff confidence, knowledge and skills in teaching Outdoor and Adventurous (OAA)	Staff meeting delivered by Derby City SSP on OAA.	Enhanced Package	Increased staff confidence in delivering and supporting OAA.	Staff feedback	
To provide staff with necessary training required for teaching swimming.	Book Year 4 staff on 2 day swimming training sessions.	Enhanced Package	Increased staff confidence in delivering and supporting the teaching of swimming	Staff feedback	Year 4 TA attended swimming course and passed the National Curriculum program. An impressive and comprehensive scheme of work is now available for any member of staff teaching swimming.

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To offer OAA activities in curriculum PE on site in KS2.	Staff meeting delivered by Derby City SSP on OAA.	Enhanced Package	Children will take part in new activities during the PE lesson. Children experience team building activities and improve perseverance as well as self-esteem.	Staff feedback. Class feedback.	
To introduce new sports and physical activities.	Offer before and after school clubs: Netball Dance	BL Staff Free	More children taking part in sport and physical activity across school than last year.	Monitor number of children taking part in physical activities and events.	Netball and dance clubs continue to be popular, attracting an average of 30 children for each from Years 3-6.
To increase the number of children experiencing a broader range of sports and physical activities.	AM Sports Boxing - New Cricket Football (Before School)				10 Year 2 children were invited to take part in the production of a coaching product including a video for All England netball. When this product is released we intend to use it with our KS1 and KS2 children.
	DCCT Tag Rugby - New Gymnastics				
	Cycle Derby Level 3 Bikeability - New				
	Enter more festivals for all ages and targeted groups of children including, Boccia, Tri-Golf and Multi Sports Festivals for EYFS/KS1	Enhanced package	Enter more competitions and events than last year.		Boxing – very popular limited to 20 children, there is a waiting list. We will continue with this next year. For one child in particular it has engaged her and given her the confidence to join other sports clubs.

	Attend DDAT multi sports festival.				<p>It has also led to a Boxercise class for parents during the Summer Term – as parents were keen to try this too!</p> <p>Cricket – This has not had as much interest as other clubs. 13 children attended. We will review this club next year</p> <p>Football – Continues to popular, 20 children attended. This will continue next year.</p> <p>TAG Rugby – ran for half a term – check number</p> <p>Gymnastics – 9 children attended this focus group club which enabled us to enter the Gymnastics competition.</p> <p><i>See Key Indicator 1 for cycling.</i></p> <p>Due to poor weather DDAT multi sports festival was cancelled. However, a martial arts teacher who would have been at the festival spent the day at Bishop Lonsdale instead giving lessons to most year groups.</p>
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Key indicator 5: Increased participation in competitive sport

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To enter more competitions than previous year.	Entry to SSP competitions	Enhanced Package	Increase the number of opportunities for competitive sport in and out of school.	Monitor number of children taking part in competitions.	<p>21 festivals have been attended this year which is an increase on last year. We have entered 11 competitions which is the same as last year.</p> <p>The netball team has won the league again this year. We will be representing Derbyshire at the East Midlands Regional Finals.</p>
	Play friendly netball and football matches with A and B teams against other schools	Free			

					Children from last years Regional A pupil from our netball team from two years ago is now playing for Derbyshire. We have played a number of football friendlies throughout the year.
	Inter-house Multi Skills (KS1/REC) Inter-house Netball (KS2) Inter-house Rounders (KS2) Inter-house New Age Kurling (WS) Inter-house Football (WS) Inter-house Sports Day (WS) Inter-house Dancing (KS2) Inter house bench ball (UKS2)		All children access competitive sport against children of own age within our school. All children have the opportunity to represent their house, work collaboratively and develop team spirit.	Record participation and collect views of children on the competitions.	
To have personal challenges and strive to improve on them.	Personal challenges The Big Pedal The Mile Athletics Fundraiser Inter school challenge	Free	Children will demonstrate perseverance and resilience.	Children to record personal challenges.	<i>See Key Indicator 1 for cycling.</i> 52% of 145 children tracked increased the distance ran in ten minutes by the second assessment. This may have been higher but second assessment took place on the last day of term when some children were tired. We will continue to do the mile alongside challenges next year
To inform and encourage children to participate in competitive sport out of school.	Advertise football, netball and other sports taking place in the local community – leaflets and Twitter	Free	Parents will be informed of sports clubs and activities that are available outside of school.		Parents are informed of various clubs and sports activities via leaflets and Twitter. Some children compete in sports out of school e.g. karate, football and gymnastics.
Supporting documents: Derby City SSP 2018-19 Autumn Report Derby City SSP 2018-19 Spring Report DCCT Active Schools Report					

