

## PE and Sport Premium Grant Spending Plan 2021-22

**Allocation: £17,760**     **Sports grant coordinator:** Sarah Brownhall (Head of School)

### Key achievements to date until July 2020

- Derby County Community Trust Education Champions
- Derbyshire School Sport and Physical Activity – Active and Healthy School Awards
- School Games Mark Gold 2018/19
- Virtual School Games Mark 2019/20
- School Games Mark 2019/20 for the Autumn and Spring Term
- School used as a case study for Key Indicator 1 in OFSTED Good Practice Examples
- SB and CO'R spoke at both the Derby and Nottingham PE conference about PE and parental engagement.
- Over the past 15 years the Bishop Lonsdale Netball team have only finished 1<sup>st</sup> or 2<sup>nd</sup> in the Derby West League. The team have attended the County Finals 7 times and the East Midlands Regional Finals 5 times. In 2016/7 Bishop Lonsdale were runners-up and 2018/19 won the tournament.
- In the Big Pedal small school competition in 2018/19 Bishop Lonsdale came 1<sup>st</sup> in Derby City, 5<sup>th</sup> in the East Midlands and 71<sup>st</sup> in the UK (out of 628 schools).
- In gymnastics this year a Year 3 child won all round individual Gold in Derby City Gymnastics competition.
- Staff qualifications: SB achieved Level 5 and Level 6, GM and BR achieved Level 3 Supporting the Delivery of PE and School Sport.

### Areas for further improvement and baseline evidence of need:

- Improve fitness levels that have decreased during the COVID 19 pandemic.
- Increase the number of girls engaging in sport and physical activity.
- Continue to increase and maintain the number of children engaged in physical activity.
- Continue to further enhance the range of sports/available for children e.g. tri-golf

### Meeting national curriculum requirements for swimming and water safety.

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? 72%

What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? 62%

What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? 21%

Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity **over and above** the national curriculum requirements. Have you used it in this way? Yes/**No**

## Action Plan and Budget Plan

Key: **Green** – Action completed **Yellow**-Action due to be completed in 2021-22 **Red**-Not achieved **Purple** – Parental Engagement **Blue** –Virtual Event

To access a range of core activities structured around the three areas of Physical Education, School Sport and Physical Activity	Attend DCSSP Welcome meeting  Affiliate to Derby City School Sport Partnership (DCSSP) Enhanced package this includes a DCCT coach ½ a day per week.  Attend DCSSP conference day	£5000 for the Enhanced package	Access to more competitions, festivals, training and cross curricular programs for all stakeholders.	SB to evaluate the package impact (July 2022)	See Below
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### Key indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To increase and maintain the number of children and adults engaged in regular physical activity across the whole school.	Rammie’s Healthy Heroes club (Live It) for targeted children.  September Assembly to re-launch the importance of Healthy Eating and Physical Activity.	Enhanced package  Prizes donated by DCCT and staff.	Children and parents will have an increased understanding of the importance of Physical Activity to keep them healthy.	Parent’s participation/ attendance monitored by staff and parental engagement lead.  Monitoring lunchboxes after DCCT input.	
To encourage children and families to have a healthier diet.	X2 Munch and Crunch Cook and Eat sessions for Year 3 and Year 4  After School Munch and Crunch Cook and Eat Sessions for families.  Healthy Eating on Zoom for families.		Children and parents will have an increased understanding of the importance of healthy eating including portion size and sugar intake and the impact on the body.		
	<b>Tasting Tuesday</b> Work with school cook to introduce a new fruit or vegetable for school dinner children to try on Tuesday.		Children more likely to try a fruit or vegetable that they have not tried before.  Increased number of children trying and eating fruit and vegetables.	SLT and lunchtime staff to get feedback from children on foods they are trying and feedback to school cook.	

	<p><b>Active School</b>  Programme launch  Audit and development plan regularly reviewed  Baseline assessment across school: height, weight fitness and physical development levels measured.  Active School assembly to launch programme.</p>	<p>Enhanced package</p>	<p>All data ready to start phase 2, 3 and 4 in September</p>	<p>DCCT to collect and collate all baseline data.   Termly support and planning meetings with Active school manager</p>	
	<p>Staff to share current good practise of physical activity in the classroom   Physical activity to be a 'Focus of the Fortnight'   Daily Physical Activity Audits to be completed each term.   Classes to take part in the daily mile x2/3 weekly.</p>	<p>Staff meeting time</p>	<p>Increased number of lessons across the curriculum containing physical activity.   Increased number of children active at wet play and lunchtime.   Improved stamina when running the daily mile.</p>	<p>SB and PE subject leads to monitor engagement of children in physical activity.</p>	
	<p>Year 4 children to take part in the 'Joy of Moving' programme.</p>	<p>Enhanced package</p>	<p>Children have an increased awareness of the importance of being active and eating a balanced diet.   Children understand the impact of physical activity on body and mind.</p>	<p>SB and PE subject leads to monitor engagement of children in physical activity.</p>	
	<p>School Website – dedicated pages for parents on how to eat healthy and stay active at home.</p>	<p>Release time for LB and AJ</p>	<p>Parents will be well informed on how to eat healthily and stay active at home.</p>	<p>Feedback from parents using questionnaires.</p>	

<p>To improve core strength and fine motor skills in EYFS</p>	<p>Rammie's Mini Movers Program to be delivered alongside DCCT during Summer 1 once a week to Nursery children and identified Reception children.</p> <p>Staff training Autumn 2</p>	<p>£500</p>	<p>Children will have better core strength which will have impact and improve gross motor skills, sitting and fine motor skills</p>	<p>Evaluate the program itself and the impact with DCCT staff.</p>	
<p>To take part in DCCT Little Live Its pilot project.</p>	<p>Aimed at Reception identified as being overweight. A 6-week programme delivered after school at Tubby Bears soft play centre. Children have an interactive play session, supported by a DCCT member of staff, whilst their parents attend an informal learning workshop, which covers a range of topics delivered by a Live Well advisor and early years expert.</p> <p>Identify children, give letters to parents.</p>	<p>Free</p>	<p>Raise the skills and knowledge of parents to support their child with leading a healthier lifestyle including:</p> <ul style="list-style-type: none"> <li>- Easy and fun ways to increase physical activity</li> <li>- Easy ways to increase fruit and vegetables</li> <li>- Simple recipes and ideas for healthier snacks</li> </ul>	<p>Evaluate the program itself and the impact with DCCT staff.</p>	
<p>To improve handwriting skills in Year 1 and 2</p>	<p>All Year 1 and 2 children assessed in Physical Literacy</p> <p>Key staff to attend physical literacy training Autumn 2</p> <p>Six week physical literacy intervention programme.</p>	<p>Enhanced package</p>	<p>Improved core strength and handwriting for Year 1 and 2 children</p>	<p>Re assessment of Year 1 and 2 children.</p>	

<p>To engage vulnerable groups in extra physical activity.</p>	<p>X 10/12 DCCT KS1 Pupil Premium lunchtime physical activity club</p> <p>X12 SEND KS2 children extra PE/physical activity session</p>	<p>Enhanced package</p>	<p>Targeted children have access to organised play and physical activity for a sustained period.</p> <p>Develop core strength, stamina and communication skills.</p>	<p>Staff to monitor target children during PE lessons and the mile.</p> <p>Staff to monitor core strength and communication skills in class.</p> <p>EYFS lead to look at progress data for Physical Development and Communication and language</p>	
<p>To improve children's balance and coordination.</p> <p>All children to be able to ride a bike with confidence and safely by the time they leave primary school.</p>	<p>Book Dr Bike</p> <p>Book Cycle Derby to deliver a 'Cycle Fortnight' during Autumn 1</p> <p>Balanceability – Nursery and Reception</p> <p>Learn to Ride – Year 1, Year 2</p> <p>Bikeability – Pre-level 1 Year 3</p> <p>Bikeability Level 1 - Year 4</p> <p>Bikeability Level 2 – Year 5, Year 6</p> <p>Bikeability Level 3 – Y6 confident riders</p> <p>Ditch your stabilisers – KS2 non-riders</p>	<p>Free</p> <p>£750</p>	<p>Children and parents have bikes which are roadworthy.</p> <p>All children will experience riding a bike.</p> <p>An increased number of children will be able to ride a bike confidently and safely.</p> <p>UKS2 children will have a good understanding of road safety.</p>	<p>Record how many families take up the opportunity to have bikes fixed.</p> <p>Evaluate the programs</p> <p>Record how many children can ride a bike.</p>	
	<p>Cycle Cross – Year 5 and 6</p> <p>Velodrome Trip – 12 Year 6 children</p> <p>Enter Cyclo Cross competitions throughout the year.</p>	<p>£65.00</p>	<p>UKS2 children will experience different styles of riding.</p>		

	<p>Enter and take part in Stand Up Derbyshire event.</p> <p>Take part in 'Bike to School Week.'</p> <p>Take part in National Fitness Day.</p> <p>Take part in the 'Big Walk and Wheel.'</p>	<p>Free</p> <p>Free</p> <p>Free</p> <p>Cost of fruit and juice £100</p>	<p>To increase the number of families walking/riding/scooting to and from school.</p>	<p>Record number of families taking part in these events.</p>	
<p>To increase the number of intra school sports and activity programs</p>	<p>School Sports Council Training for staff and children.</p> <p>School Sports Council to lead on mini leader activities, lunch time physical activity and inter house events.</p> <p>School Sports Council plan and deliver inter house timetable Autumn 1: Inter house Netball Autumn 2: Inter house Kurling Spring 1: Inter house Hockey Spring 2: Inter house Football Summer 1: Inter house Rounders Summer 2: Inter house Tug of War</p>	<p>Enhanced package</p>	<p>All children access competitive sport against children of own age within our school.</p> <p>All children have the opportunity to represent their house, work collaboratively and develop team spirit.</p>	<p>Record participation and collect views of children on the competitions.</p>	

**Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole-school improvement**

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
<p>To enhance the Christian ethos of the school by working collaboratively in school teams.</p>	<p>Deliver Whole School Worship on Sports Values</p> <p>Display the Sports Values. On sports board and in the hall near alter.</p>	<p>Free</p>	<p>Children demonstrate the Christian and British values throughout inter and intra competitions.</p>	<p>Observe children during competitions and festivals on and off site.</p>	

	Ensure Sports Values are re-visited during PE lessons and when children have taken part in competitions and events in and out of school.				
To explore new ways to develop team values and personal qualities.	A member of staff to take part in 'Bags of Character' training	Free for host school	New ideas available to develop character building.	Staff member to feedback to SLT	
To ensure children have a good knowledge of what bullying is and how to deal with it.	DCCT to deliver a whole school anti-bullying assembly.  DCCT to deliver an anti-bullying workshop in Year 4.  Whole School to take part in Anti-Bullying week	Enhanced Package   CB	Children able to discuss what bullying is and how it can be prevented and dealt with.	Continue to report and monitor incidents of bullying.	
To ensure children have a good knowledge of what racism is and how to deal with it.	DCCT to deliver a whole school anti-racism assembly.	Enhanced Package	Children able to discuss what racism is and how it can be prevented and dealt with.	Continue to report and monitor incidents of racism.	
To ensure children have a good knowledge of how to stay safe when using the internet.	DCCT to deliver a whole school safer internet assembly.  DCCT to deliver a safer internet use workshop in Years 4 and 5.	Enhanced Package	Children can talk about how to use the internet safely.	Class teachers to monitor engagement of children in activities.	
To engage children who lack motivation in maths.  To improve progress and raise attainment in maths.	Implement Match Day Match 10 week intervention program for targeted Year 5 children.  DCCT to deliver World Maths day assembly and workshops.	Enhanced Package	Children more engaged in maths lessons, due to increased confidence.	Lesson observation focussing on engagement of children from program.  Analyse end of year data.	

To stimulate literacy engagement in children who love football but lack motivation in reading.	Implement Premier League Reading Stars 10 week intervention program for targeted Year 6 children.  DCCT to deliver World Book day assembly and workshops.	Enhanced Package	Children more engaged in reading at school and at home.	Class teacher/TA to monitor the number of reading tickets brought back to school.  Children show a willingness to discuss the books they have read.	
To inspire and engage pupils who lack motivation with writing skills through football and other sports.	Implement Premier League Writing Stars 10 week program for targeted Year 2 children.	Enhanced Package	Children more engaged in writing at school and at home.	Class teacher to monitor willingness of children to engage in writing activities across the curriculum.	
To address pupils' health and well-being around SATs and transition to Year 7.	Implement Winning Minds package – X2 six week interventions, pre-SATs and pre-transition via classroom based activities. X2 Festivals post-SATs and pre-transition. Targeted interventions available for those who need it.	Enhanced package	Children mentally prepared for SATs and transition to secondary school.	Observe children's behaviour leading up to and throughout these key milestones.	
To increase resilience, self-esteem and team work.	Resilient Rammie Program X6 sessions of classroom, based activities for Year 4	Enhanced package	Pupils demonstrate resilience, self-esteem and team work in all areas of the curriculum.	Staff to monitor impact of program.	
To develop core strength and fundamental skills of UKS2 SEND children.  To improve co-operation and speaking and listening skills.	DCCT to deliver Multi Sport lunchtime sessions to UKS2 SEND children.  Inclusion Manager to advise DCCT sports coach on specific requirements.	Enhanced package	Improvement in skills transferred to all areas of the curriculum.	CB to monitor the impact the program has on children in class.	
To improve the communication and listening skills of Pupil Premium children in	DCCT to deliver lunchtime multi sports club during the Spring term.	Enhanced package	Children demonstrate better listening, understanding and speaking skills in class.	SB to monitor lunchtime incidents and TABS involving targeted children.	



KS1.					
To establish a School Sports Council.	<p>Choose team captains – they will lead the Sports Council.</p> <p>Identify one child from each class with a keen interest in sport and physical activity to represent their year group.</p> <p>DCCT to provide training for children and staff.</p> <p>Sports Council to organise Inter House Events.</p>	Enhanced package	Children to have a bigger input on which sports and physical activities are delivered in school including inter house competitions and extra-curricular clubs.	<p>Staff and children to evaluate training.</p> <p>BR to liaise with SB about school council.</p>	
To engage parents in their children's PE, sport, physical activity, healthy eating and healthy mind.	<p>Promote events using Twitter.</p> <p>Tweet photos of children taking part in healthy eating, sport, PE and physical activity.</p> <p>Dedicated pages on the school website for healthy eating, healthy bodies and healthy minds.</p>	Release time for staff to update website and Twitter	<p>Parents have a good understanding of the PE, sport, physical activity, healthy eating and healthy mind activities being delivered in school.</p> <p>An increased number of followers on Twitter.</p>	Monitor number of Twitter followers.	
To develop links with clubs in the community.	Take part in Crown Green Bowling at Rykneld Bowling Club.	Free	Good links with members of the community.	Monitor interest levels and take up outside of school	

**Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport**

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To ensure PE leads have a good understanding the PE curriculum throughout the school.	Statement of intent, progression grids and key vocabulary written, share with staff and on the website.	Subject lead release time	Progressive PE curriculum delivered throughout the school.	CO'R to check intent, progression grids and key vocabulary before sharing with staff.	
To increase, confidence, knowledge and skills in leading the PE	CO'R to observe subject leader PE lessons and support PE leads in monitoring PE.	CO'R supply		CO'R feedback to SB.	

curriculum.	Attend DCCT New PE Co-ordinators meeting.  Attend DDAT PE Network meetings throughout the year.	Enhanced package  DDAT training package			
To increase confidence, knowledge and skills in supporting the emotional and social well-being of pupils through Physical education.	AJ and LB to attend and complete Level 4 training	X2 £250	PE leaders confident to lead other staff in supporting pupil well-being through PE.	DCCT assessment tasks and observations.	
To increase confidence, knowledge and skills of staff in the teaching of curriculum PE.	DCCT to deliver teacher support for Gymnastics Year 2  AM Sports to deliver Teacher Support Dance Y5 and Y6 OAA Y5 and Y6 Gymnastics Y3 and Y4  Attend staff any staff training provided by DCCT throughout the year.	Enhanced Package  AM Sports Payment  Enhanced Package	Teachers confident in delivering areas of previous weakness.  Teachers deliver good or better curriculum PE lessons.	Feedback from staff	
To create female PE role models in school and engage more girls in the PE curriculum.	LB to attend 'This Girl Can Champions' training.	Enhanced Package	Trained member of staff to promote opportunities for girls in PE, sport and physical activity.	Monitor the engagement of girls in PE.	
To re- establish a School Sports Council	Identify a member of staff to lead the Sports Council.  Choose house captains and representatives for each year group.  Children and staff to be trained by DCCT staff	Enhanced Package	Children will have more input into intra sports competitions and activities.  All children will be able to make suggestions about physical activity via the Sports council.  Representatives will develop leadership skills	House captains to regularly feedback to SLT.	

			when organising events.		
Staff trained to improve core strength and fine motor skills in EYFS	Staff training led by DCCT Autumn 2	Enhanced Package	Children will have better core strength which will have impact and improve gross motor skills, sitting and fine motor skills.	Evaluate the program itself and the impact with DCCT staff.	
To train staff to deliver the physical literacy programme.	RH and DP to attend DCCT physical literacy training.	£500	Teachers and TAs able to deliver programme to improve core strength and handwriting for Year 2 children	Re assessment of Year 2 and Year 1 children.	

**Key indicator 4: Broader experience of a range of sports and activities offered to all pupils**

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To offer OAA activities in curriculum PE on site in KS2.	AM Sports to support the delivery of OAA in KS2	AM Sports Payment	Children will take part in new activities during the PE lesson.  Children experience team building activities and improve perseverance as well as self-esteem.	Staff feedback.  Class feedback.	
To introduce new sports and physical activities in school.	Team Rubicon to deliver Skateboarding sessions to Year 5 and 6.	£360	Children will take part in a physical activity that they have not done before.  Children will develop new skills when riding a scooter/skateboard.	Feedback from children and staff.	
To expose new/different children to existing sports in school.	Team Rubicon to deliver Scooting Year 3 and 4.				
To increase the number of children experiencing a broader range of sports and physical activities.	Take part in Crown Green Bowling at Rykneld Bowling Club.	Free	Good links with members of the community.	Monitor interest levels and take up outside of school	



	<p>Bikeability Level 2 – Year 5, Year 6          Bikeability Level 3 – Y6 confident riders          Ditch your stabilisers – KS2 non-riders</p> <p>Cycle Cross – Year 5 and 6          Velodrome Trip – 12 Year 6 children</p>	£65.00	<p>UKS2 children will have a good understanding of road safety.</p> <p>UKS2 children will experience different styles of riding.</p>		
Improve basic fundamental skills and provide opportunities for children to try new games and activities.	Reception children to take part in DCCT 'Fundamentals through Play' sessions.	Enhanced package	Increased engagement of Reception children in PE.	EYFS staff to monitor the engagement of children in PE lessons.	
Engage more girls in the PE curriculum, sport and physical activity.	<p>LB to attend 'This Girl Can Champions' training.</p> <p>Children to take part in 'This Girl Can Champions' training, lessons and clubs.</p>	Enhanced Package	Trained member of staff to promote opportunities for girls in PE, sport and physical activity.	Monitor the engagement of girls in PE.	
To inspire and engage pupils to have a positive impact in their community.	Year 5 and 6 to take part in 'Champions for Change' social action project.	Enhanced Package	Children will be involved in a project which has a positive impact on the wider community.	Staff and children to evaluate and feedback on the project.	

**Key indicator 5: Increased participation in competitive sport**

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To enter more competitions than previous year.	Entry to DCCT Super School Competitions.	<p>Enhanced package</p> <p>Transport costs</p>	Increase the number of opportunities for competitive sport in and out of school.	<p>Monitor number of children taking part in competitions.</p> <p>Monitor number of children in vulnerable groups taking part in competitions</p>	
To set a personal	DCCT and the Sports Council to	Enhanced	Children will demonstrate	Children to record personal	

challenge target in order to raise funds.	plan and deliver a sponsored event to raise money for a school project.	package	perseverance and resilience.  Raise funds for school.	challenges.	
To inform and encourage children to participate in competitive sport out of school.	Advertise football, netball and other sports taking place in the local community – leaflets, parent hub, website Twitter	Free	Parents will be informed of sports clubs and activities that are available outside of school.	Monitor engagement of children in sporting clubs outside of school using questionnaires.	

**Supporting documents:**