

PE and sport premium grant spending plan 2019-20

Allocation: £17,760

Sports grant coordinator: Sarah Brownhall (Deputy Head Teacher) Carole O' Rafferty (Head of School)

Key achievements to date until July 2019

- Derby County Community Trust Education Champions
- Derbyshire School Sport and Physical Activity – Active and Healthy School Awards
- School Games Mark Gold 2018/19
- Virtual School Games Mark 2019/20
- School Games Mark 2019/20 for the Autumn and Spring Term
- School used as a case study for Key Indicator 1 in OFSTED Good Practice Examples
- SB and CO'R spoke at both the Derby and Nottingham PE conference about PE and parental engagement.
- Over the past 15 years the Bishop Lonsdale Netball team have only finished 1st or 2nd in the Derby West League. The team have attended the County Finals 7 times and the East Midlands Regional Finals 5 times. In 2016/7 Bishop Lonsdale were runners-up and 2018/19 won the tournament.
- In the Big Pedal small school competition in 2018/19 Bishop Lonsdale came 1st in Derby City, 5th in the East Midlands and 71st in the UK (out of 628 schools).
- In gymnastics this year a Year 3 child won all round individual Gold in Derby City Gymnastics competition.

Areas for further improvement and baseline evidence of need:

- Continue to increase and maintain the number of children engaged in physical activity with a focus on personal targets.
- Continue to further enhance the range of sports/available for children e.g. tri-golf
- Develop strategies to engage children in physical activity during school closures e.g. fully engaging with the Playwaze app.

Meeting national curriculum requirements for swimming and water safety.

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	65%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	61%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	61%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/ No

Action Plan and Budget Plan

Key: Green – Action completed **Yellow**- Action due to be completed in 2020-21 **Red**- Not achieved (COVID-19) **Purple** – Parental Engagement

Blue – Home Learning or Virtual Event

To access a range of core activities structured around the three areas of Physical Education, School Sport and Physical Activity	Attend DCSSP Welcome meeting Affiliate to Derby City School Sport Partnership (DCSSP) Enhanced package Attend DCSSP conference day	£5000 (EP)	Access to more competitions, festivals, training and cross curricular programs for all stakeholders.	SB and CO'R to evaluate the package impact (July 2020)	See Below
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Key indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To increase and maintain the number of children and adults engaged in regular physical activity across the whole school.	Have individual, class and whole school targets for the daily mile. Promote new challenges to the whole school in staff meeting and whole school assembly.		Staff and children motivated to work towards and achieve targets, therefore increasing fitness and stamina.	Sports Council to collect, Record and display weekly results on Sports board and announced in Green Assembly	
To encourage children and families to have a healthier diet.	Rammie's Healthy Heroes club (Live It) for targeted children. September Assembly to re-launch the importance of Healthy Eating and Physical Activity. X2 Munch and Crunch Cook and Eat sessions for Year 3 and Year 4 After School Munch and Crunch Cook and Eat Sessions for families. After School Family Fitness Taster Session - November	Enhanced package Items for the hamper prize. £100	Children and parents will have an increased understanding of the importance of Physical Activity to keep them healthy. Children and parents will have an increased understanding of the importance of healthy eating including portion size and sugar intake and the impact on the body.	Parent's participation/ attendance monitored by staff and parental engagement lead. Monitoring lunchboxes after DCCT input. <i>(See Rammie's Healthy Hero Package 2 action plan)</i>	

	<p>Active School 2 Begins April through to July Programme launch Audit and development plan reviewed Baseline assessment across school: height, weight fitness and physical development levels measured. Active School 2 assembly to launch programme</p>	Enhanced package	All data ready to start phase 2, 3 and 4 in September	<p>DCCT to collect and collate all baseline data.</p> <p>Termly support and planning meetings with Active school manager</p>	
	<p>Talk to a cross section of children on to improve physical activity in the classroom including wet breaks.</p> <p>Staff to share current good practise of physical activity in the classroom</p> <p>Physical activity to be a 'Focus of the Fortnight'</p>	<p>Staff meeting time</p> <p>Time with children</p>	<p>Increased number of lessons across the curriculum containing physical activity.</p> <p>Increased number of children active at wet play.</p> <p>Increased number of children active at wet lunchtimes.</p>	SLT to monitor engagement of children in physical activity.	
To improve core strength and fine motor skills in EYFS	<p>Rammie's Mini Movers Program to be delivered alongside DCCT during Spring 2 once a week to Nursery children and identified Reception children.</p> <p>Staff training Autumn 2</p>	£500	Children will have better core strength which will have impact and improve gross motor skills, sitting and fine motor skills	Evaluate the program itself and the impact with DCCT staff.	
To improve handwriting skills in Year 2	<p>All Year 2 children assessed in Physical Literacy</p> <p>Six week physical literacy intervention programme.</p>	Enhanced package	Improved core strength and handwriting for Year 2 children	Re assessment of Year 2 children	

<p>To engage vulnerable groups in extra physical activity.</p>	<p>X 10/12 DCCT Reception Pupil Premium lunchtime physical activity club</p> <p>X16 SEND KS2 children extra PE/physical activity session</p>	<p>Enhanced package</p>	<p>Targeted children have access to organised play and physical activity for a sustained period.</p> <p>Develop core strength, stamina and communication skills.</p>	<p>Staff to monitor target children during PE lessons and the mile.</p> <p>Staff to monitor core strength and communication skills in class.</p> <p>EYFS lead to look at progress data for Physical Development and Communication and language</p>	
<p>To improve children's balance and coordination.</p> <p>All children to be able to ride a bike with confidence and safely by the time they leave primary school.</p>	<p>Book Cycle Derby to deliver a 'Cycle Fortnight' during Autumn 1</p> <p>Balanceability – Nursery and Reception</p> <p>Learn to Ride – Year 1, Year 2</p> <p>Bikeability – Pre-level 1 Year 3</p> <p>Bikeability Level 1 - Year 4</p> <p>Bikeability Level 2 – Year 5, Year 6</p> <p>Bikeability Level 3 – Y6 confident riders</p> <p>Ditch your stabilisers – KS2 non-riders</p>	<p>£750</p>	<p>All children will experience riding a bike.</p> <p>An increased number of children will be able to ride a bike confidently and safely.</p> <p>UKS2 children will have a good understanding of road safety.</p>	<p>Evaluate the programs</p> <p>Record how many children can ride a bike.</p>	
	<p>Cycle Cross – Year 5 and 6</p> <p>Velodrome Trip – 12 Year 6 children</p> <p>Enter Cyclo Cross competitions throughout the year.</p>	<p>£65.00</p>	<p>UKS2 children will experience different styles of riding.</p>		
	<p>Enter and take part in Stand Up Derbyshire event. Use this as a platform to promote walking, scooting and cycling to school. Incentive of a healthy snack on arrival to school each day.</p>	<p>Free</p>	<p>To increase the number of families walking/riding/scooting to and from school.</p>	<p>Compare number of families walking/riding/scooting to and from school before and after implementation of events and travel plan.</p>	

	Take part in the 'Big Pedal' event during Spring 2. To write and implement a travel plan.			Data recorded in various ways by all children and displayed for parents.	
To increase the number of intra school sports and activity programs	School Sports Council Training for staff and children. School Sports Council to lead on mini leader activities, lunch time physical activity and inter house events. School Sports Council plan and deliver inter house timetable Autumn 1: Interhouse Football Autumn 2: Interhouse Kurling Spring 1: TBC Spring 2: TBC Summer 1: TBC Summer 2: TBC	Enhanced package	All children access competitive sport against children of own age within our school. All children have the opportunity to represent their house, work collaboratively and develop team spirit.	Record participation and collect views of children on the competitions.	

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole-school improvement

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To develop physical development provision in the outdoor learning area.	Den building, windy day and garden area	£533.00	More opportunity for EYFS children to take part in outdoor physical activities. Core strength improved.	Observe children during outdoor provision. Monitor progress of Physical Development.	
To enhance the Christian ethos of the school by working collaboratively in school teams.	Display the Sports Values.	Free	Children demonstrate the Christian and British values throughout inter and intra competitions.	Observe children during competitions and festivals on and off site.	
To ensure children have a good knowledge of what bullying is and how to deal with it.	DCCT to deliver a whole school anti-bullying assembly.	Enhanced Package	Children able to discuss what bullying is and how it can be prevented and dealt with.	Continue to report and monitor incidents of bullying.	

	DCCT to deliver an anti-bullying workshop in Year 4.				
To ensure children have a good knowledge of what racism is and how to deal with it.	DCCT to deliver a whole school anti-racism assembly.	Enhanced Package	Children able to discuss what racism is and how it can be prevented and dealt with.	Continue to report and monitor incidents of racism.	
To engage children who lack motivation in maths. To improve progress and raise attainment in maths.	Implement Match Day Match 10 week intervention program for targeted Year 6 children. Invite parents to launch event 'Times Tables and Toast'.	£500	Children more engaged in maths lessons, due to increased confidence.	Lesson observation focussing on engagement of children from program. Analyse end of year data.	
To stimulate literacy engagement in children who love football but lack motivation in reading.	Implement Premier League Reading Stars 10 week intervention program for targeted Year 5 children. Invite parents to launch event including 'Breakfast with Rammie' and a whole school assembly.	£500	Children more engaged in reading at school and at home.	Class teacher/TA to monitor the number of reading tickets brought back to school. Children show a willingness to discuss the books they have read.	
To support teachers using physical activity throughout the curriculum.	DCCT to deliver staff meeting on how to access resources on the 'Premier League Primary Stars' Website. Staff to use the website in lessons.	Enhanced package	Reluctant learners to become more engaged in lessons across the curriculum. Increase the amount of physical activity across the curriculum.	Feedback from staff and pupils. Physical activity questionnaires.	
To address pupils' health and well-being around SATs and transition to Year 7.	Implement Winning Minds package – X2 six week interventions, pre-SATs and pre-transition via classroom based activities. X2 Festivals post-SATs and pre-transition. Targeted interventions available for those who need it. Completed electronically.	Enhanced package	Children mentally prepared for SATs and transition to secondary school.	Observe children's behaviour leading up to and throughout these key milestones.	

To increase resilience, self-esteem and team work.	Resilient Rammie Program X6 sessions of classroom based activities.	Enhanced package	Pupils demonstrate resilience, self-esteem and team work in all areas of the curriculum.	EM, KG and DF to monitor impact of program.	
To develop core strength and fundamental skills of UKS2 SEND children. To improve co-operation and speaking and listening skills.	DCCT to deliver Multi Sport PE lessons to UKS2 SEND children. Inclusion Manager to advise DCCT sports coach on specific requirements.	Enhanced package	Improvement in skills transferred to all areas of the curriculum.	CO'R to monitor the impact the program has on children in class.	
To improve the communication and listening skills of Pupil Premium children in KS1	DCCT to deliver lunchtime multi sports club during the Spring term.	Enhanced package	Children demonstrate better listening, understanding and speaking skills in class.	SB to monitor lunchtime incidents and TABS involving targeted children.	
To establish a School Sports Council	Choose team captains – they will lead the Sports Council. Identify one child from each class with a keen interest in sport and physical activity to represent their year group. Identify a member of staff to oversee the Sports Council. DCCT to provide training for children and staff. Sports Council to organise Inter House Events.	Enhanced package	Children to have a bigger input on which sports and physical activities are delivered in school including inter house competitions and extra-curricular clubs.	Staff and children to evaluate training. BR to liaise with SB about school council.	
To engage parents in their children's PE, sport, physical activity, healthy eating and healthy mind.	Continue to run a family event every half term. Promote events using Twitter. Tweet photos of children taking part in healthy eating, sport, PE and physical activity.	Free	Parents have a good understanding of the PE, sport, physical activity, healthy eating and healthy mind activities being delivered in school. More parents attending events. An increased number of followers on Twitter.	Monitor number of families attending events. Monitor number of Twitter followers.	

To develop links with clubs in the community.	Take part in Crown Green Bowling at Rykneld Bowling Club.	Free	Good links with members of the community.	Monitor interest levels and take up outside of school	
	To take part in 'The Generation Games'	Free	To develop relationships between children and the older generation.	Monitor the interaction between the two groups for future events.	

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To improve the overall quality of the PE curriculum.	SB to attend Level 6 Professional Qualification in Primary School PE specialism and leadership.	Free as completed level 5 last year	Upskilling of PE subject leader – quality of curriculum PE improved overall.	DCCT assessment tasks. MH/CO'R to observe teaching of PE.	
To upskill teaching assistants to support the delivery of PE and Sport.	BR to attend Level 3 Certificate in Supporting the Delivery of PE and School Sport.	£750	Teaching assistant able to deliver and support teachers in delivering good quality curriculum PE lessons.	DCCT assessment tasks and observations.	
To increase confidence, knowledge and skills of staff in the teaching of curriculum PE.	DCCT to deliver OAA staff meeting for all teachers and TAs AM Sports – Full term support for Year 4 and Year 6 team teaching gymnastics.	Enhanced Package	Teachers confident in delivering areas of previous weakness. Teachers deliver good or better curriculum PE lessons.	Feedback from staff	
To provide RQT with PE curriculum support.	CT to attend all NQT PE sessions delivered by DCCT.	Enhanced Package	Teacher to have a better PE pedagogy and increased confidence in delivering PE lessons.	SB to observe PE lessons	
To give play leaders new ideas for delivering physical activity and social games at lunchtime.	INSET day practical training session delivered by DCCT staff	Enhanced Package	Play leaders have an increased bank of games to deliver to the children at lunchtime. Children will be engaged in play, behaviour further improved.	SLT to observe play leaders engagement and leading of games. SLT to monitor the behaviour and engagement of children at lunchtime.	
To establish a School Sports Council	Identify a member of staff to lead the Sports Council.	Enhanced Package	Children will have more input into intra sports competitions and activities.	House captains to regularly feedback to SLT.	

	Choose house captains and representatives for each year group. Children and staff to be trained by DCCT staff		All children will be able to make suggestions about physical activity via the Sports council. Representatives will develop leadership skills when organising events.		
Staff trained to improve core strength and fine motor skills in EYFS	Staff training led by DCCT Autumn 2	Enhanced Package	Children will have better core strength which will have impact and improve gross motor skills, sitting and fine motor skills.	Evaluate the program itself and the impact with DCCT staff.	
To improve staff confidence, knowledge and skills in teaching Outdoor and Adventurous (OAA)	Staff meeting delivered by Derby City SSP on OAA.	Enhanced Package	Increased staff confidence in delivering and supporting OAA.	Staff feedback	
To train staff to deliver the physical literacy programme.	SJ and TG to attend DCCT physical literacy training.	£500	TAs able to deliver programme to improve core strength and handwriting for Year 2 children	Re assessment of Year 2 children.	

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To offer OAA activities in curriculum PE on site in KS2.	Staff meeting delivered by Derby City SSP on OAA.	Enhanced Package	Children will take part in new activities during the PE lesson. Children experience team building activities and improve perseverance as well as self-esteem.	Staff feedback. Class feedback.	
	Team Rubicon to deliver	£300		Feedback from children and staff.	

<p>To introduce new sports and physical activities in school.</p> <p>To expose new/different children to existing sports in school.</p> <p>To increase the number of children experiencing a broader range of sports and physical activities.</p>	Skateboarding sessions to Year 5 and 6.		Children will take part in a physical activity that they have not done before.		
	Team Rubicon to deliver Scooting Year 3 and 4.		Children will develop new skills when riding a scooter/skateboard.		
			Opportunities to practise perseverance.		
	During the 'Big Pedal' Cycle Derby to bring a range of different bikes for parents and children to try after school.	Free	Children and families to experience a new style of cycling.	Feedback from, children, parents and staff.	
	Whole school assembly from @speedstackuk to introduce stacking. Children will take part in stacking events.	Free	Children will be introduced to a new physical activity event.	Feedback from children and staff.	
	Take part in Crown Green Bowling at Rykneld Bowling Club.	Free	Good links with members of the community.	Monitor interest levels and take up outside of school	
	Residential Year 6	£1750	Ensure all Y6 children have the opportunity to attend the residential and take part in a range of new activities.	Feedback from children and staff. Monitor children's engagement levels.	
Enter more festivals for all ages and targeted groups of children including, Boccia, Tri-Golf and Multi Sports Festivals for EYFS/KS1	Enhanced package Transport	More children taking part in sport and physical activity across school than last year.	Monitor number of children taking part in activities. Monitor participation level of children from vulnerable groups.		
	Offer before and after school clubs: Netball Dance x2	Free - staff			
	Offer before and after school clubs: AM Sports Gymnastics Boxing Football (Before School)	£4000			

	Cricket				
	DCCT Tag Rugby - New	Enhanced package			
	Cycle Derby Level 3 Bikeability	None			

Key indicator 5: Increased participation in competitive sport

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To enter more competitions than previous year.	Entry to SSP Competitions.	Enhanced package Transport	Increase the number of opportunities for competitive sport in and out of school.	Monitor number of children taking part in competitions. Monitor number of children in vulnerable groups taking part in competitions	
To have personal challenges and strive to improve on them.	Personal challenges The Big Pedal The Mile Athletics Fundraiser Inter school challenge	Free	Children will demonstrate perseverance and resilience.	Children to record personal challenges.	
To inform and encourage children to participate in competitive sport out of school.	Advertise football, netball and other sports taking place in the local community – leaflets and Twitter	Free	Parents will be informed of sports clubs and activities that are available outside of school.		

